

Psalm 78 (ESV)

1 Give ear, O my people, to my teaching;
incline your ears to the words of my mouth!
2 I will open my mouth in a parable; I will
utter dark sayings from of old, 3 things that we
have heard and known, that our fathers have
told us.
4 We will not hide them from their
children, but tell to the coming generation the
glorious deeds of the **Lord**, and his might, and
the wonders that he has done. 5 He established
a testimony in Jacob and appointed a law in
Israel, which he commanded our fathers to
teach to their children, 6 that the next
generation might know them, the children yet
unborn, and arise and tell them to their
children, 7 so that they should set their hope in
GOD and not forget the works of GOD, but
keep his commandments; 8 and that they
should not be **like their fathers a stubborn
and rebellious generation**, a generation whose
heart was **not steadfast**, whose **spirit was not
faithful** to GOD.
9 The Ephraimites, armed with the
bow, turned back on the day of battle.
10 They did not keep GOD's covenant, but
refused to walk according to his law.
11 They **forgot his works** and the wonders
that he had shown them. 12 In the sight of
their fathers he performed wonders in the land

of Egypt, in the fields of Zoan. 13 He divided
the sea and let them pass through it, and made
the waters stand like a heap. 14 In the daytime
he led them with a cloud, and all the night
with a fiery light. 15 He split rocks in the
wilderness and gave them drink abundantly as
from the deep. 16 He made streams come out
of the rock and caused waters to flow down
like rivers.

17 Yet **they sinned still more** against him,
rebellious against the Most High in the **desert**.
18 They **tested** GOD in their **heart** by
demanding the food they craved.
19 They **spoke against** GOD, saying, "Can
GOD spread a table in the **wilderness**?"

20 He struck the rock so that water gushed out
and streams overflowed.

Can he also give bread or provide meat for his
people?"

21 Therefore, when the **Lord** heard, he was full
of wrath; a fire was kindled against Jacob; his
anger rose against Israel, 22 because they **did
not believe** in GOD and did not trust his
saving power.

23 Yet he commanded the skies above and opened the doors of heaven, 24 and he rained down on them manna to eat and gave them the grain of heaven.

25 Man ate of the bread of the angels; he sent them food in abundance.

26 He caused the east wind to blow in the heavens, and by his power he led out the south wind; 27 he rained meat on them like dust, winged birds like the sand of the seas; 28 he let them fall in the midst of their camp, all around their dwellings. 29 And they ate and were well filled, for he gave them what they craved.

30 But before they had satisfied their craving, while the food was still in their mouths, 31 the anger of GOD rose against them, and he killed the strongest of them and laid low the young men of Israel. **32 In spite of all this**, they still sinned; despite his wonders, **they did not believe**.

33 So he made their days vanish like a breath, and their years in terror.

34 When he killed them, they sought him; they repented and sought GOD earnestly.

35 They remembered that GOD was their rock,

the Most High GOD their redeemer.

36 But they **flattered him with their mouths**; they **lied to him with their tongues**. 37 Their

heart was **not steadfast** toward him; they were **not faithful** to his covenant.

38 Yet he, being compassionate, atoned for their iniquity and did not destroy them; he restrained his anger often and did not stir up all his wrath. 39 He remembered that they were but flesh, a wind that passes and comes not again.

40 How often **they rebelled against him** in the **wilderness** and **grieved him** in the **desert!**
41 They **tested GOD** again and again and **provoked the Holy One** of Israel. 42 They **did not remember** his power or the day when he redeemed them from the foe, 43 when he performed his signs in Egypt and his marvels in the fields of Zoan.

Psalm 95 (ESV)

1 Oh come, let us sing to the Lord;
let us make a joyful noise
to the rock of our salvation!

2 Let us come into his presence
with thanksgiving;
let us make a joyful noise to him
with songs of praise!

3 For the Lord is a great God,
and a great King above all gods.

4 In his hand are the depths of the earth;
the heights of the mountains are his also.

5 The sea is his, for he made it,
and his hands formed the dry land.

6 Oh come, let us worship and bow down;
let us kneel before the Lord, our Maker!

7 For he is our God,
and we are the people of his pasture,
and the sheep of his hand.

Today, if you hear his voice,

8 do not harden your *hearts*,
as at **Meribah**,

as on the day at **Massah**
in the **wilderness**,

9 when your fathers
put me to the test and put me to the proof,
though they had seen my work.

10 For **forty years**
I loathed that generation and said,
“They are a people who go astray
in their *heart*,
and they have not known my ways.”

11 Therefore I swore in my wrath,
“They shall not enter my **rest**.”

Proverbs 4 (ESV)

1 Hear, O sons, a father's instruction, and be attentive, that you may gain^[a] insight, 2 for I give you good precepts; do not forsake my teaching. 3 When I was a son with my father, tender, the only one in the sight of my mother, 4 he taught me and said to me, "Let your heart hold fast my words; keep my commandments, and live. 5 Get wisdom; get insight; do not forget, and do not turn away from the words of my mouth. 6 Do not forsake her, and she will keep you; love her, and she will guard you.

7 The beginning of wisdom is this: Get wisdom, and whatever you get, get insight. 8 Prize her highly, and she will exalt you; she will honor you if you embrace her. 9 She will place on your head a graceful garland; she will bestow on you a beautiful crown."

10 Hear, my son, and accept my words, that the years of your life may be many. 11 I have taught you the way of wisdom; I have led you in the paths of uprightness. 12 When you walk, your step will not be hampered, and if you run, you will not stumble. 13 Keep hold of instruction; do not let go; guard her, for she is your life. 14 Do not enter the path of the wicked, and do not walk in the way of the evil. 15 Avoid it; do not go on it; turn away from it and pass on. 16 For they cannot sleep unless they have done wrong; they are robbed of sleep unless they have made someone stumble.

17 For they eat the bread of wickedness and drink the wine of violence. 18 But the path of the righteous is like the light of dawn, which shines brighter and brighter until full day 19 The way of the wicked is like deep darkness; they do not know over what they stumble.

20 My son, be attentive to my words; incline your ear to my sayings. 21 Let them not escape from your sight; keep them within your *heart*. 22 For they are life to those who find them, and healing to all their^[b] flesh.

23 **Keep phulaké** G5438 DATIVE
your *heart* with all
vigilance téréō G083 PRES. ACT. IMPER.
for from it
flow the springs exodus
of life *zoe*

24 Put away from you crooked speech, and put devious talk far from you. 25 Let your eyes look directly forward, and your gaze be straight before you. 26 Ponder^[c] the path of your feet; then all your ways will be sure. 27 Do not swerve to the right or to the left; turn your foot away from evil.

Footnotes:

a 4:1 Hebrew know; b 4:22 Hebrew his; c 4:26 Or Make level